

Baulkham Hills MyTime Peer Support

Term 4, 2026

Free peer support group for parents and carers of children with disability, developmental delay, or chronic medical conditions (children are welcome to attend too).

Join us from **9:30 am – 11:30 am on Fridays** at **Gooden Drive Reserve, Baulkham Hills**
(entrance is off Kanili Avenue – first building to the right).

**16
OCT**

Week 1:
National Carers
Week

**27
NOV**

Week 6:
Self Care
Week Yoga

**23
OCT**

Week 2:
Members
Connecting

**4
DEC**

Week 7:
International Day of
People with Disability

**30
OCT**

Week 3:
Children's Week

**11
DEC**

Week 8:
Transition Tips

**6
NOV**

Week 4:
Early Intervention
Q&A

**18
DEC**

Week 9:
Christmas/End of
Year Celebration

**20
NOV**

Week 5:
Playdough
Making



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information**